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TIME TRAVEL BY VICKY LISSAMAN



Turkey celebrates its centenary Turkey marked its 100-vear

anniversary as a modern republic last month with fireworks over the Bosphorus Strait lighting up the Istanbul skyline.

Forged from the ruins of the Ottoman Empire in 1923, the new republic was created by general-turned-politician Mustafa Kemal Atatürk, following threats of invasion from Europeans and Russia.

During his 15-year reign as president he implemented huge political, social and cultural reforms. He replaced the Arabic script with the Latin alphabet and enshrined women's right to vote, years before most European nations.

In 1935, when surnames were introduced in Turkey, he was given the name Atatürk, meaning 'Father of the Turks'. Commemorative ceremonies are still held throughout the country each year to mark his death in 1938.

One of the few countries that straddles two continents. Turkey has soared in popularity as a tourist destination. Ancient temples, spice-laden bazaars, designer shopping and cool nightlife offer the best of east meets west.

Plus, there's 500 Blue Flag beaches, a mild climate and beautiful resorts. Favourites such as Bodrum on its Aegean coast offer hotels for all budgets

along with a lively resort town. Meanwhile, up-and-coming Izmir

boasts miles of fabulous coastline and historic sights.

Heading south to its Mediterranean coast, Marmaris and Fethiye draw the crowds to sandy beaches, historic ruins and the Taurus Mountains backdrop.

Brits are now Turkey's third largest inbound tourism market. And next year. Turkey is set to overtake France as the second most popular European destination after Spain, according to a report from World Travel Market.

Tourism minister Mehmet Nuri Ersoy said: "Turkey and the UK have deeprooted relations."

The growth of all-inclusive resorts and water parks has attracted families.

And its cities, such as Istanbul with the Blue Mosque, and Antalya with its old-city district of Kaleiçi, draw in the culture vultures too. goturkiye.com

Travellers arriving at Heathrow, Birmingham and Manchester airports car now reserve an Uber up to 90 ys in advance. Drivers will use liv flight tracking to adjust their collection time, with wait times xtended to 60 minutes to allow for immigration queues. ube com/gb/en



RAVEL





📲 FRESH

able to resist the delicious smell any longer, I dive into he fresh piece of monkfish in front of me. It's certainly the tastiest piece of fish I've ever had. served with pine nuts and green tomatoes. What makes this food really special, though, is not the incredible flavour, but where it comes from.

Each of the tomatoes on my plate were handpicked by the kitchen staff while I watched -

all part of the experience here at the Andreu Genestra Restaurant, at the Zoëtry hotel hidden in the rolling countryside, just a 25-minute drive from the Majorcan capital Palma. With its own market

garden of more than 26.910 sa ft. its own vinevards and fresh fish sourced from the nearby islands, it's easy to see why chef Andreu Genestra was awarded a green Michelin star for the restaurant recently.

This isn't the only restaurant in Majorca that's directing its focus towards sustainability either. In fact, it's a growing theme across all of the Balearic Islands. With millions of visitors flocking to Majorca,

Formentera, Ibiza and Menorca every year, sustainability projects have become increasingly important. And although some regions in the Balearics, such as Majorca's Magaluf and Ibiza's San Antonio, are often associated with raucous nightlife, this is far from the only reason to visit.

Step a few miles away from the party spots and you'll find crystal clear seas with untouched sand

> served up in nearby restaurants that same day. All of this is most eviden

The tiny island was amed a certified Starlight Tourism Destination due to its lack of light pollution. We were able to catch a

brilliant glimpse of Saturn and Jupiter through a telescope at the Formentera Astronomical Association - based in Gecko Hotel & Beach Club - while the moonlight shimmered on the sea.

Another perk of Formentera's small size is its wine. The vines here do not require treatment thanks to the island's favourable conditions: high temperatures, low rainfall and high salinity. The vineyards remain

untouched and today it is one of the few places in the whole of Europe that the International Organisation of Vine and Wine has declared free of the phylloxera plague.

– and the fruit trees and the

you're here too. The reason

he onsite restaurant

habitat for marine life.

Fletcher, head of the Save

Posidonia Project and chief

executive of Whitesand Solutions

will show you exactly how they are

protecting this patch of sea. As we

sailed through the waters, we

vegetable gardens within the hotel

grounds provide fresh produce for

and take a dip in the clear sea while

Formentera's waters are so translu-

cent is down to the seagrass which

acts as a carbon sink and provides a

A boat trip with Daisee Aguilera

Make sure to stroll along the coast

I was able to sample some of the top-notch grapes at Bodega Cap de Barbaria, which produces exquisite whites, reds and sparkling wines.

If you're looking for a place to stay, then just 250 yards from Platja del Puig beach sits the easygoing Hotel Casbah which was awarded an honorary tourism award in 2022 from the local government for its sustainability

Owner Juan Vicente Boned has invested in a machine which turns all the hotel's waste into compost



dropping anchor on the grass cause entertainment for the adults. much local ire. Because of this there For a more relaxed and exclusive setting away from the crowds, check is now a patrolling team and systems in place to make sure all into Sir Richard Branson's new five-star anchors go on the sand to prevent Son Bunyola Virgin Limited Edition hotel, set in untouched landscape. It's a damage to the delicate ecosystem. It isn't only Formentera working sight to behold in the valley hard on sustainability, Majorca is the with rolling mountains and biggest of the Balearic Islands and it is sunsets kissing the distant hugely popular with British families

and kids

That was on show in the busy Playa Garden Selection Hotel in Plava de Muro on the east of the island which is aiming to teach the next generation of eco-warriors

The resort's Woogi Nature children's programme revolves around the four elements of nature: fire, water, air and earth. The 'My Eco Garden' activity educates children on how to love and respect the planet. It's not all about the kids though. The hotel also has an organic garden and BioCorner in its restaurant which only uses produce sourced from nearby – and let's not forget the after-hours live singing and dancing

learned how visiting boats CLASSY



dunes and delicious seafood that's caught and n Formentera.

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DS1ST



The hotel opened in June after being converted into a luxury property while preserving the historic 16th century elements such as the main tower. It took Branson more than 20 years to obtain the planning permissions but the

result does not disappoint. When you're not admiring the impressive architecture, walking in the 1,300 acres of land or dining on local produce in the hotel, it's worth making the one-hour drive to a vast farm and fig plantation in Son Mut Nou in Llucmajor.

It can only be traversed in a rickety golf buggy and with fig trees from all over the world, it was a thrill to try the fruit straight from the source, tasting sweet and fresh.

> We found out there is nothing you cannot put figs into. Fig coffee, fig liqueur and even fig mustard - I purchased two jars to take ome. Just a 40-minute drive away is another delight for the culinary senses - Joan Marc Restaurant in the bu

town of Inca. Here foodies can gorge on local seafood such as squid and hake, as well as dill soup and pork loin served with cabbage.

Or, for active holidaymakers, Galatzó in Es Capdellà, Calvià, is home to some excellent



Hiking is one of many elements of sustainability that the Majorca tourist tax is being invested back into and this UNESCO world heritage site is the best place to do it.

During our short trek we passed the Ses Porqueres de Galatzó which has been purposely

built as a hostel for hikers. Seven huts have been built across the northwest of the island using money from the tourist tax.

Just another way that the Balearics are taking impressive steps to showcase their

sustainability

NATURAL



Flights to Majorca and Ibiza are available from up to 23 airports across the UK.

Trasmapi operates a 35min ferry service between Ibiza and Formentera with departures every half-hour. Adult return around £41. trasmapi.com

BOOK IT

Rooms at the Hotel Casbah in Plava de Migiorn, Formentera, start at around £122 a night room-only. hotelcasbahformentera.com Rooms at the Playa Garden Selection Hotel & Spa in Playa de Muro, Majorca, start at around £69 a night room-only; £181 all-inclusive. gardenhotels.con **MORE INFO**

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TUI breaks tours record

Travel giant TUI has unveiled its biggest ever tour programme for summer 2025, featuring new itineraries in destinations such as Kenva and Crete.

Twenty-two hotspots are now on sale with stays ranging from four to 21 nights offering authentic experiences, and covering guided groups, and private and self-drive tours. A spokesman said: "Our expertise across the globe means we have the best people on the ground delivering tours and experiences, with variety to suit different travellers.

"In particular, our flying options with trusted partners means even more flexibility for our customers with more durations and more airports to choose from across the UK. We know there is demand for tour experiences without the fuss that's why we sort everything. including flights, hotels, transfers and even tickets."

Holidavs include an 11-night Highlights of Kenya tour in search of the Big Five animals with views of Kilimanjaro and a beach stay from £2,639 per person. There's a seven-night Incredible Crete itinerary with a 4X4 adventure drive and visits to Knossos Palace and the former Spinalonga leper colony, starting at £1,084 each.

TUI will also be offering almost 100 multi-centre getaways for 2025 in hotspots such as Jamaica. Mexico and Thailand, tui.co.uk

BUY OF THE WEEK BY NIGEL THOMPSON



A planet-friendly way to freshen up on your travels, each zero waste kit includes two handcrafted natural soaps, a shampoo bar and a conditioner bar.

It's small batch UK-made, cruelty free and vegan, the organic cotton acecloth will compost, as will the abel, and the aluminium tin it al omes is recyclable or reusable. Amazon Earth Zero Waste Travel Kit, £9.95, amazon.co. uk/SmallBusinessXmas

